

January 21, 2024

**Announcements**

Danny Shackelford

**Song Leader**

Brad McAlister

**Scripture Reading**

Tripp Yancey

**Opening Prayer**

Bryan Davis (A.M.)  
Chris Moore (P.M.)

**Closing Prayer**

Mason McAlister (A.M.)  
David Smith (P.M.)

**Lord's Table**

Tommy Wade

**Count and Usher**

Rickey Loveless & Jimmy Vandygriff

**Wednesday Night Song Leader**

Larry Wood (01/24/24)

**OUR RECORD**

**January 14, 2023**

Sunday Bible Study: 91  
Sunday Morning Worship: 105  
Sunday Evening Worship: 68  
Wednesday Night Bible Study: 83

**BULLETIN BY E-MAIL**

Receive bulletin by e-mail notify us:  
office.chapmanchurch@gmail.com

**chapmanchurch.com**

**WHAT MUST I DO TO BE SAVED?**

1. **Hear** the Gospel (Romans 10:13-17).
2. **Believe** the Gospel (Acts 15:7; Mark 16:15, 16).
3. **Repent** of Sins (Acts 3:19).
4. **Confess** Faith in Christ (Acts 8:37).
5. **Be Baptized** for Remission of Sins (Acts 2:38).
6. **Be Faithful** (Revelation 2:10).



**CHAPMAN CHURCH OF CHRIST**  
250 COUNTY ROAD 550  
RIPLEY, MS 38663

# THE CHAPMAN CHALLENGER

**Published Weekly by**  
**Chapman Church of Christ**  
**Ripley, Mississippi**  
**(662) 502-2806**  
**chapmanchurch.com**

**ELDERS:** Terry Chapman, Brad McAlister,  
Jarvene Shackelford, Tommy Wade

**DEACONS:** Bryan Davis, John Hopper,  
Rickey Loveless, Chris Moore, Kevin  
Shackelford, Wayne Vandygriff, Larry Wood

**PREACHER:** Mark Lindley

## THE WINTER BLUES Mark Lindley

Winter is in full swing. In fact, as these words are being typed, north Mississippi and surrounding areas are under a blanket of snow, several inches thick. Southerners do not get to see heavy snowfall very often, so many residents of this region enjoy seeing God's creation adorned in white. Younger people especially enjoy playing in the snow.

However, the winter months, especially the period after the holidays, can challenge one's mood and bring on feelings of depression. Those who study these things have written numerous articles about "The Winter Blues." According to articles online, the term "winter blues" includes a set of symptoms such as fatigue, feeling depressed, over-eating and sleeping problems.

Several things may trigger these symptoms. Snow-covered roads make traveling hazardous. This means that many people are confined to their homes and have less face to face interaction with friends and family. In addition, shorter days mean less sunlight. Less sunlight, and low vitamin D, can lead to feelings of depression. Also, now that the excitement of the holidays is over, some may be in a financial bind, due to holiday spending. Too, having more down time in winter can provide too much time to think. We may think too much about the past or worry about something going on in the present. Further, this is flu season. Some have recently had covid. Others have had a stomach virus. Adding a bad case of the flu to an already depressed mood can be all that is needed to bring on the winter blues!

There are common-sense things one can do to cope with a seasonal bad mood: 1) go outside and get some sunlight; 2) go for a brisk walk; 3) don't eat too much; 4) get enough sleep etc. These ideas will certainly help.

In addition to the practical ideas above, Christians can battle the winter blues by focusing on and being thankful for all the blessings God provides. Consider the following: 1) If you are reading this article, you have lived another year (2023) in this world. Life, itself, is a gift from God and not to be taken for granted. He gives "to all life, breath, and all things...For in him we live, and move, and have our being" (Acts 17:25, 28); 2) Support from friends and family can help combat winter blues. Due to icy roads, one may not be able to travel to be with friends and family, but we can stay in touch by calls, facetime, and text. Staying connected to others helps to lift our spirits (Proverbs 17:17; Galatians 6:2); 3) we should be thankful for warm homes, warm clothes, food, and cozy beds. Many do not have such blessings.

Those of us who do should be grateful (Matthew 6:25-34); 4) we should be thankful for the support of the church. It is good to know that "if" one needed help during the gloomy days of winter, there are brothers and sisters in Christ who would assist (James 2:15-16; 1 John 3:18); 5) we can be thankful that it won't be long until the sun will shine brighter, frigid temperatures will give way to warmer weather, the flowers will begin to bloom, and these dreary days of winter will be a memory (Genesis 8:22).

Last of all, we should be thankful for God's constant love and care in all seasons of life. We know that he has promised never to leave us or forsake us (Hebrews 13:5). He is with us in the dead of winter and the muggy days of summer. He will see us through!

**Reality Check**  
by: Ron Adams

"Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven." Matthew 5:16

If we were to video tape ourselves for a day, would the viewing of that tape be consistent with how we perceived ourselves? Watching the tape allows us to see ourselves as others and God see us. In the final analysis, it matters not what we may think of ourselves or what others may think of us; what really matters is how do we appear to God. The reality is that God sees us the way we actually are, in thought and action. May we so live that a video of ourselves would portray a life pleasing to God.

"But to me it is a very small thing that I should be examined by you, or by any human court; in fact, I do not even examine myself. For I am conscious of nothing against myself, yet I am not by this acquitted; but the one who examines me is the Lord." 1 Corinthians 4:3-4

## **What to do when you are hurt by another Christian: Rely on God's Grace** By Jeff Arnette

Grace is a central concept in Christianity, and it holds profound significance when addressing hurt caused by fellow believers within the church. Grace refers to God's unmerited favor and love extended to humanity, despite our flaws and shortcomings. Understanding and relying on God's grace is essential when navigating the complexities of church relationships. It involves recognizing several key aspects of grace.

**Unconditional Love.** God's grace is marked by unconditional love. It is a love that does not depend on our merit or worthiness. When individuals have been hurt within the church, understanding God's unconditional love can provide solace and reassurance. It reminds them that their worth and value are not determined by the actions of others.

**Forgiveness.** Grace is closely linked to forgiveness. Just as God extends forgiveness to humanity, individuals are encouraged to forgive those who have caused them pain. This act of forgiveness is not based on the offender's deserving it but on the recognition that forgiveness is a powerful expression of God's grace.

**Compassion and Empathy.** Grace fosters compassion and empathy. It encourages individuals to see their fellow believers through a lens of understanding, recognizing that all are recipients of God's grace. This perspective promotes empathy and a willingness to extend grace to others, even when they have caused harm.

**Humility.** Embracing God's grace requires humility. It involves acknowledging one's own need for grace and recognizing that, like others, we are imperfect and in need of God's mercy. Humility is a key ingredient in fostering grace-filled relationships within the church.

Reconciliation. Grace is a catalyst for reconciliation. It encourages individuals to seek reconciliation with those who have caused them pain. Just as God reconciled humanity to Himself through Christ, believers are called to be agents of reconciliation within the church community.

**A Messy Reality.** Grace acknowledges the messy reality of human relationships. It recognizes that believers are, in the words of Ephesians 2:8, "sinners saved by grace" living in community with other sinners saved by grace. This acknowledgment underscores that the church is not a community of perfect individuals but a gathering of imperfect people on a journey of faith.

Relying on God's grace involves not only recognizing these aspects of grace but also actively embodying them in one's interactions with fellow believers. It means extending grace to others, even when they have caused harm, and seeking grace for oneself when faced with one's own shortcomings.

In conclusion, grace is the foundation upon which Christian relationships are built and restored. It offers hope, forgiveness, compassion, and reconciliation. By relying on God's grace and extending it to others, individuals can foster an environment of forgiveness and healing within the church community.

### **PROGRAMS OF WORK**

**Website: chapmanchurch.com**

Articles • Sermons (Audio) • Chapman Challengers

**The Bible Broadcast**

Sunday Mornings at 8 AM • WKZU radio 104.9 FM

**Southern Sentinel Article**

Every other Wednesday

**Correspondence Course**

Study the Bible in your home, at your convenience, by enrolling in a free Bible correspondence course.  
To enroll: call (837-7012), write (250 CR 550, Ripley, MS 38663 ) or e-mail (chapmansecretary@ripleycable.net

## **REMEMBER IN PRAYER**

*Remember count your blessings, pray for our lost ones, the sick, the world and the broken-hearted.*

**SICK SUNDAY:** Stephanie McAlister, Karen Yancey, Wilma Wood, Starrett & Gearlene Chapman

**REHAB:** Juan Stroupe (TCH/Rehab)

**HOSPITAL:** Hannah Jones (ICU-Tupelo)

**EXTENDED ILLNESS:** Joanie Kate Reese, Everett Hurt, Olivia Pounders, Garrison Coats, Joe Clark, George Doss, Thad Berryman, John Walker Perry, Juanita Michael

**CANCER:)** Dorothy Hopper (John's Mother) Billy McBryde (Rita Smith's Father), George Doss (Kelly Brewer's Father), Deborah Williams (Kim Lindley's Aunt), Ralph Shaw (Janie Chapman's Son-in-law), Loxlee Eaton , David South, Eddie Mauney, Haley Loveless, Sidra Davis, Trish Clark, Kevin Clifton, Austin Wentz, Betty Faye Ledbury

**SHUT-INS: Tippah County Health & Rehab:** Romia Palmer, Jimmy Berryman, Peggy Davis, Joe Clark

### **TEXT ALERTS**

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**Sermons available on Facebook and YouTube**